

Bionic Powers

Junior Detective sometimes struggles to express what is important to him and what he wants to achieve. Thanks to SAS Small Group, he has learnt to identify and communicate his goals and values (Bionic Powers). Setting meaningful goals will help Junior Detective use his strengths and develop new skills that will support his growth.

Skill #1 of the 25 Skills in the SAS Small Group Program



Hi, I'm Junior Detective, a Cadet with the Secret Agent Society. I use my Bionic Powers at home, school, and when I go out.



I wanted to get ready faster in the mornings so I could use my tablet before school. So, I made a goal to be dressed in less than 5 minutes.



I wanted to make new friends and decided to learn to play football so I could play with new kids during lunchtime. I told my parents my goals and I asked for a football for my birthday.



I love my drama club! But I was too scared to join the end-of-year show. I told my drama coach about my 'Being Brave' Bionic Power, and she helped me. Now I love doing the shows too!

When Junior Detective is older, this skill may help him in situations like these:

- Facing peer pressure in high school and remembering his values of honesty.
- Deciding to go to a work function to strengthen friendships.
- Talking to employment support services about career goals.